

Call +90 533 833 7890 to make your reservation

ENGLISH

## SPA CLASSICS

	Duration	€
<b>SPA ENTRANCE</b>	90 min	30
<b>SWEDISH MASSAGE</b>	55/80 min	50/65
<p>A muscle-relaxing and stress-relieving massage, incorporating both soft and strong techniques. The aim is to relax the tissues by massaging them with our aromatic massage oil.</p>		
<b>REFLEXOLOGY</b>	40 min	35
<p>A concentrated foot massage, performed using a special technique. By focusing on specific points on your feet, any tension that you have can be relieved.</p>		
<b>DEEP TISSUE MASSAGE</b>	55/80 min	55/75
<p>A deep tissue massage using firm pressure and slow strokes to reach deeper layers of muscle and fascia (the connective tissue surrounding muscles). It is used for chronic aches and pain, easing areas such as a stiff neck and upper back, low back pain, leg muscle tightness and sore shoulders. The pressure and strength of movements will be according to your preference.</p>		
<b>TARGETED MASSAGE</b>	30 min	30
<p>Focusing on a specific problem or area of the body, a targeted massage aims to help chronic muscle pain, rehabilitation from injuries such as whiplash or falls, and conditions including low back pain and limited mobility.</p>		
<b>SPECIAL FOR TWO</b>	80 min	120
<p>Relax for even longer with our extended treatment and enjoy the romantic ambience in our special couples' massage room. It begins with a classic massage, and continues with a foot massage to ease any tension in your body, and concludes with a scalp and face massage.</p>		

## TURKISH BATH

Duration €

### HAMMAM EXFOLIATION

40 min 50

The body is carefully rubbed with a textured mitt and covered with the fragrant froth of soap, which cleanses and revitalises the skin, creating a feeling of relaxation and well-being.

### CLASSIC HAMMAM

55 min 70

In addition to the Hammam Exfoliation, special aromatic oils and circular massage movements in typical hammam fashion are used to revitalise the muscles while giving particular attention to the hands, legs and scalp.

### SULTAN TREATMENT

70 min 120

Offering a complete and indulgent experience, your full ritual begins with a body-exfoliating scrub of your choice, with either grape seed, coffee, brown sugar or honey crystals applied to your body. As you lie enveloped in the froth of aromatic soaps, your scalp is massaged by a therapist using special oils and circular movements.

### HAMMAM FOR TWO

100 min 200

The journey begins with a sauna, before we welcome you to our traditional Turkish hammam, where your body is rubbed with a textured mitt. You are then covered in the fragrant froth of scented soap before your massage. Afterwards, you enjoy the romantic ambience of our couples' massage room, where the spa ritual begins with a foot massage to ease any tension in your body, and concludes with a scalp and face massage.



### **CLASSIC MANICURE**

The fingers are soaked in warm water, followed by cuticle removal, nail trim, shape, mini massage and nail polish.

Duration

55 min

### **CLASSIC PEDICURE**

The feet are soaked in warm water, followed by the removal of hard skin, cuticle removal, nail trim, shape, mini massage and nail polish.

55 min

### **EXPRESS MANICURE**

Perfect if you need a quick treatment, our express manicure includes nail trim, clean, shape and nail polish.

30 min

### **EXPRESS PEDICURE**

Perfect if you need a quick treatment, our express pedicure includes nail trim, clean, shape and nail polish.

30 min

- If a spa or hammam treatment is purchased, entrance fee will not be charged
- Less than 24 hour notice will result in a charge equal to 50% of the reserved service amount
- NO SHOWS will be charged 100% of the reserved service amount